



# Youth Disability

IN AUSTRALIA









# Youth Disability

#### Overview

'Youth and disability' is rarely considered a topic of interest in its own right. In the Australian political, social and legal context, this situation is attributed to young people with disability being considered primarily in reference to their disability, rather than as developing young adults.1 As a result, policy and services have historically focused on the provision of medication, treatment and behavioural management strategies to young people with disability.<sup>2</sup>

#### Not so lucky country

Australians living with a disability have the lowest quality of life anywhere in the developed world.

#### Representation

Without consultation with young people, policies may be developed and implemented that are not appropriate or adequate to address the needs of young Australians with disability.

- ▶ There is limited national data collection specific to young people and disability.4
- There is no established national organisation that enables young people to represent their own concerns and ideas to decision-makers.<sup>5</sup>
- ► Carers and parents are often asked to speak on behalf of young people with disability.6

### Housing and care

There are 621 people under 50 currently living in residential aged care in Australia with an additional 200 expected to be admitted each year.<sup>7</sup>

The associated expenses with caring for a young person with disability, such as altering living arrangements, purchasing medication, as well as income sacrifice to become a carer, may be leading some Australian families into poverty and socioeconomic disadvantage.8

#### Forced sterilisation

There is anecdotal evidence, as well as health insurance statistics, which suggest that the forced sterilisation of young people with disabilities still occurs in Australia in alarming numbers, despite policy and judicial efforts.9



x 365 days



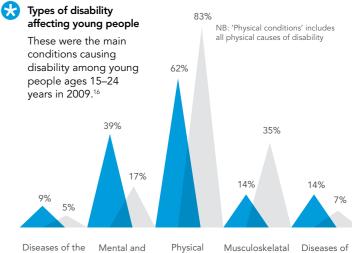
Social Isolation

Young people living in nursing homes lead isolated lives, with 53% receiving less than one visit from a friend or family member, and 82% rarely or never visiting their friends. 10

## • Facts and figures

In 2009, it was estimated that 204,000 young people (7%) reported some form of disability.<sup>11</sup>

- ▶ Of these young people, 56,000 (or 27%) reported experiencing severe disability. This number also represents 1.8% of all young people. 12
- ▶ There was little difference in the level of profound or severe disability between young males (1.9%) and young females (1.7%).<sup>13</sup>
- ▶ Indigenous young people reported being more likely than their non-Indigenous counterparts, 2.2% and 1.3% respectively, to require aid with core activities of self care, mobility and communication.<sup>14</sup>



respiratory

behavioural disorders

conditions

tissue diseases

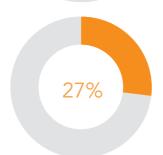
and connective the nervous

Young people (15–24) Other people

#### Young person's burden

Young people with disability are twice as likely to have disability as older people with disability.

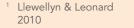




#### Severe disability

Of those young people with disability, 27% report experiencing a severe disability.

#### References:



People with Disability 2011

<sup>3</sup> PricewaterhouseCoopers Australia 2011

<sup>4</sup> Child Rights Taskforce 2011

<sup>5</sup> AYAC 2011, p.2

<sup>6</sup> Llewellyn & Leonard 2010,

Winkler et al. 2011, p.17

8 AIHW 2004, p.xiv

<sup>9</sup> Child Rights Australia 2011

<sup>10</sup> Winkler et al. 2011, p.6

<sup>11</sup> AIHW 2011, p.18

<sup>12</sup> AIHW 2011, p.18

<sup>13</sup> AIHW 2011, p.19

<sup>14</sup> AIHW 2011, p.18

<sup>15</sup> Australian Bureau of Statistics (ABS) 2011

<sup>16</sup> AIHW 2011, p.19

<sup>17</sup> AIHW 2011, p.18

For full references, please visit: www.acys.info/facts

#### Defining severe disability

According to the ABS 2009 Survey of help with core activities, has difficulty communicating with family or friends and